



E - BULLETIN

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JANUARY 2014

MEMBERSHIP MATTERS WELCOME TO OUR NEW MEMBERS!

Accessible Daily Living Corporation
Fill the Room
Levant Restaurant
Napcoe Contracting Ltd.
Presidents of Enterprising Organization
Propertyguys.com Vaughan

MEMBERSHIP RENEWALS! Looking forward to another successful year together!

Adecco Employment Services	12/01/1987
Adriatic Insurance Brokers Limited	12/23/1988

Alendel Fabrics Ltd.	12/01/1998
Allstate Insurance	01/15/2009
Antalex Inc.	01/01/2008
Arista Homes Limited	01/01/2010
BAASS Business Solutions Inc.	12/01/1997
Bevcon Construction & Paving Ltd.	01/18/2013
Business Development Bank of Canada	12/01/1980
CAA South Central Ontario	01/14/2013
Canadian Paper Connection Inc.	01/01/2008
Concord Storage Inc.	08/01/2005
Damon Industries (Canada) Ltd.	01/01/2003
Edward Jones - Agostino M. Villari	10/10/2012
Executive Learning Centre - Schulich School of Business	12/02/2005
The Financial Forum Ltd.	12/01/2004
Hazelton Manor Event & Conference Center	09/03/2010
Humber River Regional Hospital Foundation	09/01/1993
Interiors by Lynne	11/17/2010
La Boutique Del Gioiello Ltd.	01/01/2004
Luma Holdings Inc.	01/11/2007
Magnotta Winery Corporation	01/01/1992
Century 21 Heritage Group Ltd.	10/22/2010
Matcom Industrial Installations Inc.	10/01/1987
Michael S. Manett Planning Services Ltd.	12/01/2005
7045 Edwards Boulevard	01/01/2006
Par Fluid Control and Measuring System Inc.	12/01/2009
Plumbers Success Canada	12/01/2009
Primavera Flowers & More Ltd.	11/01/2005
Roy Foss Chevrolet	01/09/2009
Royal Touch Limousine Service Inc.	01/12/2007
San Ber Accounting Services Ltd.	12/01/1989
Seneca College Workforce Skills Centre	12/14/2010
Stateview Homes	10/10/2012
Sunwell Technologies Inc.	10/01/2003
Sure Track Courier Ltd.	02/26/2007
The Energy Credit Union	01/01/2010
Toronto Pro	01/01/2006
TransCanada Pipelines	12/01/2003
Tremonti Restaurant	10/11/2006

Tutor Doctor	01/03/2012
Two Men and a Truck	11/18/2010
Unico	12/01/2004
Vaughan Wheelchair & Home Health Supplies Inc.	01/01/2003
WorkWELLER	02/21/2013

A feelgood Networking Breakfast!



Join us on Thursday, February 6th to hear Rose A. Weinberg, Wellness Expert, Reiki Master, Homeopath, Nutritionist and Author. Rose will share her personal story from her first book Go forward and some of her most tried and true simple "feelgood" insights from her new book, the feelgood life! Book signing will follow presentation.

Date: Thursday, February 6, 2014

Time: 7:30 - 9:30 a.m. (Presentation 7:30 - 8:00 a.m.)

Location: Leo & Sala Goldhar Conference and Celebration Centre
9600 Bathurst Street, Vaughan, ON

Cost: Member - \$ 10 + HST / Non-Member - \$ 20 + HST



The 2014 Mayor's Luncheon



The Vaughan Chamber of Commerce is pleased to welcome the Hon. Maurizio Bevilacqua, Mayor of the City of Vaughan to deliver his much anticipated address at the annual Mayor's Luncheon.

Date: Wednesday, February 26, 2014

Time: 11:30 a.m. - 2:30 p.m.

Location: Hazelton Manor Event & Conference Centre, 99 Peelar Rd.
Vaughan, ON

Corporate Tables: Members - \$ 500 + HST / Non-Members - \$750 + HST

Admission: Members - \$ 55 + HST / Non-Members - \$80 + HST





25th Anniversary 2014 Business Achievement Awards

THURSDAY APRIL 3, 2014

Paramount Conference & Event Centre

Sponsorship Opportunities

GOLD AWARD SPONSOR - \$7500

SILVER SPONSOR - \$5000

GIVEAWAY SPONSOR - \$5000

RECEPTION SPONSOR - \$3500

DECOR SPONSOR - \$2000

For information on sponsorship opportunities, contact Jennifer at jennifer@vaughanchamber.ca.

Corporate Tables

Members - \$ 2500 + HST / Non-Members - \$3000 + HST

Tickets

Members - \$ 185 + HST / Non-Members - \$250 + HST



For more information contact Carla Romano at carla@vaughanchamber.ca.

Thank you to our premier sponsor for their support:



Let's Talk Exports Luncheon with Peter Hall

Thursday, April 24, 2014

11:30 a.m. - 2:30 p.m.

Location & Registration Information Coming Soon.

Brought to you in partnership with:

Sponsored by:



Women 'Do' Golf

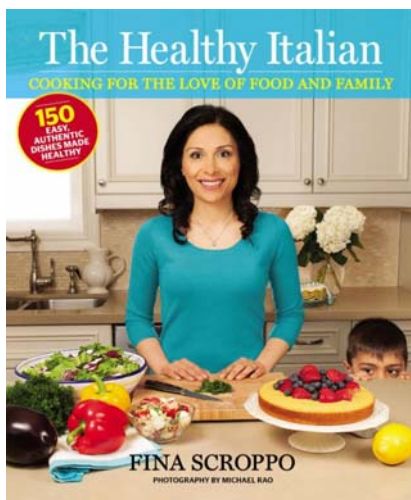
Monday, June 2, 2014

Copper Creek Golf Club

3:30 - 6:30 p.m.

Registration Information Coming Soon

NEW: Fina's Healthy Resolutions



So, we're a few weeks into January and, let me guess - you're already struggling to keep your resolution to eat healthier. It can be tough, but like building a business, healthy meal-planning requires a good foundation. Start by stocking a healthy pantry. Together with fresh produce, nutrient-rich pantry ingredients help make delicious dishes that are not only good for you but also brimming with flavour. And when a pantry is well stocked, whipping up a meal is so much easier. These are some of my pantry essentials:

- Whole grains like farro, barley, brown rice and oats
- Whole-grain flours and pastas (spelt is one of my favourites)
- Dried beans/legumes (great for soups, salads and stuffing)
- Vegetables (canned/preserved/dried)
- Canned fish (water-packed tuna is so versatile and rich in nutrients)
- Reduced-sodium broths
- Extra-virgin olive oil
- Nuts (almonds, walnuts, pistachios, pine nuts).

Fina Scropo is author of the new cookbook *The Healthy Italian: Cooking for the Love of Food and Family*. For more tips and recipes, visit www.thehealthyitalian.ca.

Ontario Chamber of Commerce Press Releases



THINK FAST: ONTARIO EMPLOYER PERSPECTIVES ON IMMIGRATION REFORM AND THE EXPRESSION OF INTEREST SYSTEM.





RELEASE EMERGING STRONGER 2014 IN YOUR COMMUNITY



In 2013 Vaughan Chamber of Commerce raised support for charity members.

ETA Vaughan	\$290
Nanny Angel Network	\$3780
Hospice Vaughan	\$1500
Mackenzie Health	\$2000

Charity's that are VCC members qualify.

RE-CAP OF PAST EVENTS

Thank you Alice Fazooli's & WorkWELLER Networking After Hours



On Thursday, January 9th we held our first networking event of the year. The Networking AfterHours at Alice Fazooli's, with the presentation Vision or Hallucination by WorkWELLER, was a great success with over 40 people in attendance. The winners of the door prizes were Mark Awad of BB Blanc, Gino Pincente of Be Safe Tire & Auto Service and Kice Soroor of ADP. Guests enjoyed appetizers provided by Alice Fazooli's. Thank you to WorkWELLER for the session, it was very concise and informative!



CLICK HERE
TO SEE PHOTOS



Events, Seminars and Workshops

For complete listing of VBEC's events and seminars, [CLICK HERE](#)

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